

## Fibroscan – Patient Information

### What is a FibroScan?

The FibroScan is a non-invasive, pain-free test used to measure the stiffness of the liver in patients with liver disease.

### What should I expect during the FibroScan?

During the exam, you will be lying down on your back with the right arm raised and tucked behind your head. Preparation includes no food or drink three hours before the exam and you may wish to wear a looser fitting shirt as the skin covering your right rib cage area will need to be exposed in order to complete the exam.

A staff member will place a probe, similar to an ultrasound probe, on your side near where your liver is. That probe sends painless vibration through your body and into your liver. The probe measures how fast it takes the vibration to travel through the liver. The faster it takes the vibration to travel through the liver, the stiffer the liver is.

The examination itself takes about 10-15 minutes. You should plan to spend about 45 minutes at the clinic total. You may drive yourself to and from the test.

- Nothing to eat or drink 3 hours prior to your test.
- No driver needed.
- Check in 15 minutes prior to your test in GI Lab 7<sup>th</sup> floor pavilion.
- Wear loose comfortable clothes.
- **You will need to reschedule this test if you have not abstained from alcohol for a minimum of 2 weeks. Please call our office if you have consumed alcohol prior to your test.**
- Your test is scheduled at North Kansas City Hospital in the GI Lab – located on the 7<sup>th</sup> floor Pavillion. You may park in the pavilion parking lot.

If you are unable to keep this appointment, please call our office at 816 478 4887.

If you have any questions regarding this test, please call our office at the above number.

Date: \_\_\_\_\_ Arrival time \_\_\_\_\_