

### Small Bowel Video Capsule

Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Physician: \_\_\_\_\_

Arrival Time: **7:45 AM**

Location: NORTH MEDICAL PAVILION  
Summit Gastroenterology  
110 NE Saint Luke's Boulevard, Suite 530  
Lee's Summit, MO 64086

Small Bowel Capsule Endoscopy has been ordered by your doctor to exam your small bowel with a tiny camera in the shape of a pill that you will swallow.

- \*Stop smoking for at least 24 hours prior to the test
- \*Stop oral iron supplements at least 10 days prior to your scheduled capsule endoscopy
- \*50.00 CANCELLATION FEE IF NOT CANCELLED AT LEAST 48 HOURS IN ADVANCE

**The day before the exam:** \_\_\_\_\_

- After lunch, the day before your test, start following a clear liquid diet. (Examples: water, apple juice, white grape juice, coffee, tea, soda, Gatorade, Propel, Crystal Light). **Avoid all liquids that are Red, Orange or Purple!**
- Nothing else to drink after 10pm the night before except to take necessary heart, blood pressure or seizure medications. Take those with a tiny sip of water.

**The day of your exam:** \_\_\_\_\_

- Do not take any medications for 2 hours prior to the scheduled 8:00am swallowing of the video capsule.
- Wear loose, comfortable clothing, preferably a two piece outfit (no dresses). Wear upper garment of thin, natural fiber (example- cotton, wool) such as t-shirt that is long enough to reach at least to hip level and will not ride up above the belt.
- You will be interviewed prior to ingesting the Video Capsule. You will be advised there is a small chance of intestinal obstruction. Written consent is obtained for this procedure.
- A data recorder is attached to a belt that you will wear around your waist. This cannot be attached to your own belt, the belt will be provided.
- Do not eat or drink anything for at least 2 hours after ingesting the PillCam
- After 4 hours, you may have a light snack (example- ½ a sandwich or 1 cup of soup). **You cannot eat anything else until you have completed the exam.** You may then resume your normal diet after the data recorder is returned.
- You will need to return to Summit GI at 4:00pm, day of your test, to return the data recorder.

Please contact our office if you experience any abdominal pain, nausea or vomiting during the exam. After ingesting the Video Capsule, you should avoid being near any powerful electromagnetic fields such as those created by an MRI, until you have passed the Video capsule in your stool. Call our office at 816-554-3838 if you have not passed the Video Capsule within 14 days.