

EGD WITH BRAVO

Patient _____

Doctor _____

Date _____

Arrival Time _____

Procedure Time _____

LOCATIONS:

— **St. Luke's Outpatient
Surgery Center**
120 NE St. Luke's Blvd.
Lee's Summit, MO 64086

— **Lee's Summit
Medical Center**
2100 SE Blue Pkwy.
Lee's Summit, MO 64063

— **St. Luke's East Hospital**
100 NE St. Luke's Blvd.
Lee's Summit, MO 64086

To ensure that your test is accurate and complete, you ***must*** follow these directions. If you have questions, please call our office at 816-554-3838. Summit Gastroenterology is dedicated to providing you with quality health care. *You matter to us!*

INSTRUCTIONS

Contradictions have been reviewed when scheduled.

AT LEAST A WEEK PRIOR TO YOUR PROCEDURE with Summit Gastroenterology:

- Check with your prescribing doctor to make sure it is safe to hold prescription blood thinner: _____ for _____ days prior. Please do not take any Aspirin or Plavix the day of your procedure.
- Hold prescription diet pills, i.e.-phentermine, 7 days prior to procedure.
- Hold ALL acid suppressing medications Omeprazole (Prilosec), Protonix (Pantoprazole), Nexium (Esomeprazole), Dexilant (Dexlansoprazole), Prevacid (Lansoprazole), Aciphex (Rabeprazole), Pepcid (Famotidine), Zantac 360, 7 days prior to procedure.
- Use Tums or Maalox extremely sparingly (best if avoided all together)
- Aspirin and Plavix can be taken until the day of procedure.
- Hold weekly dosing of GLP's: Trulicity (Dulaglutide), Bydureon BCise (Exenatide), Mounjaro, Zepbound (Tirzepatide), Ozempic, Wegovy (Semaglutide). *HOLD 1 WEEK PRIOR TO PROCEDURE.

4 days prior to your procedure:

- Hold Steglatro (Ertugliflozin). *HOLD FOR 96 HOURS PRIOR TO PROCEDURE.

3 days before your procedure:

- Hold Jardiance (empagliflozin), Invokanna (canagliflozin), Farxiga (dapagliflozin). *HOLD FOR 72 HOURS PRIOR TO PROCEDURE.

1 day prior to your procedure:

- Hold Carafate/sucralafate
- Hold daily dosing GLP's: Byetta (Exenatide), Saxenda (Liraglutide), Victoza (Liraglutide), Adlyxin (Lixisenatide), Rybelsus (Semaglutide). *HOLD DAY BEFORE AND DAY OF PROCEDURE.

Day of the Procedure:

- Hold aspirin and Plavix
- Take any heart, blood pressure or seizure medications in the early morning with a sip of water.
- Hold all other medications the day of the procedure.
- If your procedure is scheduled before noon, nothing to eat or drink after midnight other than seizure or blood pressure medication.
- If your procedure is scheduled after noon, you may have water 6 hours prior to your procedure time
- You will need a driver after your procedure as you will receive sedation. Someone will need to stay with you 12 hours after the procedure.
- No work, driving, operating machinery or making legal decision for 24 hours after procedure

Over ➡

- **No smoking or vaping the day of the procedure. No chewing tobacco. Avoid ALL tobacco products day of procedure. No chewing gum the day of the procedure.**
- Hold daily dosing GLP's: Byetta (Exenatide), Saxenda (Liraglutide), Victoza (Liraglutide), Adlyxin (Lixisenatide), Rybelsus (Semaglutide). ***HOLD DAY BEFORE AND DAY OF PROCEDURE.**

During the Study:

- Hold all acid suppressing medications during the study (two days)

If you feel you cannot hold any of the above medications, contact our office.

**** During your procedure you will be administered either general anesthesia or heavy sedation. For your safety, it is essential you follow the above listed instructions. ****

Failure to comply with these instructions will result in the cancellation or delay of your procedure. Judgment will be made by your anesthesia provider.

No MRI for 30 days after procedure.

****Cancellation Policy****

\$100 fee for cancellation of endoscopy appointments with less than 72 hours notification.

****Insurance Information****

Our office may verify insurance benefits and contact you to discuss our procedure fee.