

EGD PREPARATION INSTRUCTIONS

Appointment Date: _____ **Arrival Time:** _____

To ensure that your test is accurate and complete, you must follow these directions. If you have questions, please call our office at 816-478-4887. Consultants in Gastroenterology is dedicated to providing you with quality health care. You matter to us!

- ___ The Endoscopy Center East -3800 S Whitney Ave. Suite 100 Independence, MO 64055
- ___ The Endoscopy Center North- 5330 North Oak Trafficway Suite 100 Kansas City, MO 64118
- ___ The Endoscopy Center Liberty -9601 Northeast 79th Street Kansas City, MO 64158
- ___ Liberty Hospital- 2525 Glenn Hendren Dr. Liberty, MO 64068
- ___ North Kansas City Hospital 7th Floor Pavilion- 2800 Clay Edwards Dr. North Kansas City, MO 64116
- ___ Briarcliff Surgery Center- 4150 N Mulberry Dr Suite 100 Kansas City, MO 64116
- ___ Centerpoint Ambulatory Surgery Center – 19550 East 39th Street Suite 100 Independence, MO 64057

Blood Thinner Medication Hold Guidelines Please Check with Prescribing Dr for Approval to Hold

Hold 7 days	Hold 5 days	Hold 3 days	Hold 2 days
<ul style="list-style-type: none"> • Effient / Prasugrel 	<ul style="list-style-type: none"> • Aggrenox / Dipyridamole • Brillinta / Ticagrelor • Plavix / Clopidogrel • Warfarin / Coumadin / Jantoven 	<ul style="list-style-type: none"> • Savaysa / Edoxaban 	<ul style="list-style-type: none"> • Eliquis / Apixaban • Pradaxa / Dabigatran • Xarelto / Rivaroxaban • Pletal / Cilostazol

- Hold weekly dosing of GLP1's: Trulicity (Dulaglutide), Bydureon BCise (Exenatide), Mounjaro, Zepbound (Tirepatide), Ozempic, Wegovy (Semaglutide). ***HOLD 1 WEEK PRIOR TO PROCEDURE.** Hold daily dosing GLP1's: Byetta (Exenatide), Saxenda (Liraglutide), Victoza (Liraglutide), Adlyxin (Lixisenatide), Rybelsus (Semaglutide). ***HOLD DAY BEFORE AND DAY OF PROCEDURE**
- Hold Jardiance (empagliflozin), Invokanna (canagliflozin), Farxiga (dapagliflozin), 3 days prior to procedure. ***HOLD FOR 72 HOURS PRIOR TO PROCEDURE.** • Hold Steglatro (ertgliflozin), 4 days prior to procedure. ***HOLD FOR 96 HOURS PRIOR TO PROCEDURE**
- Hold any prescription or OTC diet pills, ie-phentermine, Qsymia, Adipex, Pro-Fast, Fastin, Phentride etc. **14 days prior to procedure**
- You will need a driver over 18 – sedation/anesthesia is given – someone will need to stay with you after procedure
- Take any heart, blood pressure, or seizure medications in the morning the day of the procedure with sip of water. You must hold Metformin
- Hold all other medications the day of the procedure. If you are on insulin, please hold your morning dose the day of the procedure
- **Nothing to eat or drink after midnight for procedures scheduled before noon.**
- **However, if your test is scheduled after 12 p.m., you may have up to 6 oz water 6 hours prior to procedure time.**
- **No Eating Solid food, chewing gum, mints, candy, smoking or vaping or chewing tobacco the day of your procedure**

**** For your safety, it is essential you follow the above-listed instructions. ****

Failure to comply with any of these instructions will result in the cancellation or delay of your procedure.

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****Cancellation Policy**** \$100 fee for cancellation of endoscopy appointments with less than 72 hours notification.