SUMMIT GASTROENTEROLOGY
SPECIALISTS IN DIGESTIVE HEALTH CARE.

Digestive Health Specialists
powered by GI Alliance

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Small Bowel Video Capsule

Patient: _____

Date: _____

Physician: _____

Location
Summit Gastroenterology
120 NE Saint Luke's Boulevard, Suite 275
Lee's Summit, MO 64086

Arrival Time: **8:00 AM**

Small Bowel Capsule Endoscopy has been ordered by your doctor to examine your small bowel with a tiny camera in the shape of a pill that you will swallow.

*Stop smoking for at least 24 hours prior to the test
*Stop oral iron supplements at least 10 days prior to your scheduled capsule endoscopy
*$100.00 CANCELLATION FEE IF NOT CANCELLED AT LEAST 72 HOURS IN ADVANCE

The day before the exam:_____

- After lunch, the day before your test, start following a clear liquid diet. (Examples: water, apple juice, white grape juice, black coffee, tea, soda, Gatorade, Propel, Crystal Light). **Avoid all liquids that are Red, Orange or Purple!**
- Nothing else to drink after 10pm the night before except to take necessary heart, blood pressure or seizure medications. Take those with a tiny sip of water.
- Pick up a 119g bottle of miralax (over the counter) from the pharmacy.

The day of your exam:_____

- Do not take any medications for 2 hours prior to the scheduled 8:00am swallowing of the video capsule.
- Wear loose, comfortable clothing, preferably a two piece outfit (no dresses). Wear upper garment of thin, natural fiber (example - cotton, wool).
- You will be interviewed prior to ingesting the Video Capsule. You will be advised there is a small chance of intestinal obstruction. Written consent is obtained for this procedure.
- A data recorder is attached to a vest that you will wear.
- Mix 119g miralax in 32oz (1L) of water or other clear colorless liquid (i.e. Propel) and drink 1 hour after ingesting the video capsule.
- You may drink clear colorless liquids 2 hours after ingestion of the video capsule.
- After 4 hours, you may have a light snack (example- ½ a sandwich or 1 cup of soup). **You cannot eat anything else until you have completed the exam.** You may then resume your normal diet after the data recorder is returned.
- You will need to return to Summit GI the following morning @ 8:00am, to return the data recorder.
- **No smoking or vaping the day of the procedure. No chewing tobacco. Avoid ALL tobacco products day of procedure. No chewing gum the day of the procedure.**

Please contact our office if you experience any abdominal pain, nausea or vomiting during or after the exam. After ingesting the Video Capsule, you should avoid being near any powerful electromagnetic fields such as those created by an MRI, until you have passed the Video capsule in your stool. Call our office at 816-554-3838 if you have not passed the Video Capsule within 14 days.