

COLONOSCOPY SPLIT PREP USING COLYTE/NULYTELY/GAVILYTE (GENERIC VERSION)

Patient _____

Doctor _____

Date _____

Arrival Time _____

Procedure Time _____

LOCATIONS:

— **St. Luke's Outpatient
Surgery Center**
120 NE St. Luke's Blvd.
Lee's Summit, MO 64086

— **Lee's Summit
Medical Center**
2100 SE Blue Pkwy.
Lee's Summit, MO 64063

— **St. Luke's East Hospital**
100 NE St. Luke's Blvd.
Lee's Summit, MO 64086

— **College Park (CP Surgicenter)**
10787 Nall Ave Ste 100
Overland Park, KS 66211

To ensure that your test is accurate and complete, you must follow these directions. If you have questions, please call our office at 816-554-3838. Summit Gastroenterology is dedicated to providing you with quality health care. *You matter to us!*

OBTAIN 1 GALLON PRESCRIPTION BOWEL PREP THE DAY BEFORE YOUR TEST

AT LEAST A WEEK BEFORE YOUR PROCEDURE with Summit Gastroenterology:

- Check with your prescribing doctor to make sure it is safe to hold prescription blood thinner: _____ for _____ days prior. Please do not take any Aspirin or Plavix the day of your procedure.
- Hold prescription diet pills, i.e.-phentermine, 7 days prior to procedure.
- Hold weekly dosing of GLP's: Trulicity (Dulaglutide), Bydureon BCise (Exenatide), Mounjaro, Zepbound (Tirzepatide), Ozempic, Wegovy (Semaglutide). *HOLD 1 WEEK PRIOR TO PROCEDURE.

FOUR DAYS BEFORE YOUR PROCEDURE:

- Hold Steglatro (Ertugliflozin). *HOLD FOR 96 HOURS PRIOR TO PROCEDURE.

THREE DAYS BEFORE YOUR PROCEDURE:

- Hold Jardiance (empagliflozin), Invokanna (canagliflozin), Farxiga (dapagliflozin). *HOLD FOR 72 HOURS PRIOR TO PROCEDURE.

THE DAY PRIOR TO YOUR PROCEDURE.

- The day PRIOR to your scheduled procedure, you are not to eat any solid foods but instead have plenty of clear liquids. Do Not drink **RED, ORANGE, or PURPLE** clear liquids. Clear liquids permitted are as follows: water, tea, black coffee, apple juice, white grape and lemon or lime Jell-O, chicken or beef broth (NO noodles!), popsicles, 7 UP™ and Sprite™.
- You may have liquid Boost (not powder) or Ensure until 3:00pm ONLY (no substitutions).
- **Do not** drink alcohol – **Do not** drink milk or milk products – **Do not** drink orange juice.
 1. Mix prescription bowel prep with 1 gallon of water. Refrigerate. If unflavored, you may add either Crystal Light lemonade or lemon/lime Kool-Aid only.
 2. **First dosing**, begin at **3:00 - 4:00pm**, drink one 8 oz. glass of prescribed bowel prep every 10 minutes until you finish the **half of the gallon**.
 3. **Second dosing**, **5-6 hours** prior to your scheduled scope time, drink the remaining half gallon. Drink **8 oz.** glass every 10 minutes until you have finished the remaining prep. You must be completely done with this dose at least 4 hours prior to your procedure
- Hold daily dosing GLP's: Byetta (Exenatide), Saxenda (Liraglutide), Victoza (Liraglutide), Adlyxin (Lixisenatide), Rybelsus (Semaglutide). *HOLD DAY BEFORE AND DAY OF PROCEDURE.

* If you become nauseated, stop drinking mixture for 30 minutes, then start again.

* You should begin experiencing multiple loose bowel movements. The goal is for stools to be as clear as possible. If you do not begin having bowel activity by 9:00 pm, call the doctor on call **(913) 338-8388**.

The better you prep, the better the exam.

DAY OF YOUR TEST

- **If you take a heart, blood pressure, or seizure medication routinely** - it is okay to take this medication early in the morning of your procedure with a sip of water several hours prior to your scheduled procedure time.
- **HOLD ALL OTHER MEDICATIONS THE DAY OF THE PROCEDURE.**
- Arrive for your exam at the time listed on the reverse side (no later).

PLEASE NOTE

- Do not take prescription blood thinners at least 4 days before your exam.
- Do not take Aspirin, Plavix, or arthritis medications the day of your exam.
- Hold prescription diet pills, i.e.-phentermine, 7 days prior to procedure.
- Drink plenty of clear liquids the **day before** your test (at least 8 oz. every hour).
- If you are diabetic: ***NO INSULIN OR ORAL MEDICATIONS THE MORNING OF THE PROCEDURE. TAKE ONLY HALF A DOSE THE DAY BEFORE YOUR PROCEDURE.***
- **No smoking or vaping the day of the procedure. No chewing tobacco. Avoid ALL tobacco products day of procedure. No chewing gum the day of the procedure.**
- Hold daily dosing GLP's: Byetta (Exenatide), Saxenda (Liraglutide), Victoza (Liraglutide), Adlyxin (Lixisenatide), Rybelsus (Semaglutide). ***HOLD DAY BEFORE AND DAY OF PROCEDURE.**

You must have with you:

- A responsible adult to drive you home must be present at the time of check-in and stay at the facility or your colonoscopy will be CANCELLED.
- No working, driving, operating machinery, or making legal decisions for 24 hours after procedure.
- A list of all medications you are now taking, including over-the-counter products and herbal supplements.
- A list of any allergies you have.
- If you have a Pacemaker/AICD please bring in your Pacemaker/AICD card.

During your procedure you will be administered either general anesthesia or heavy sedation. For your safety, it is essential you follow the above instructions.

- **No liquids of any kind up to 4 hours prior to your procedure time**

Failure to comply with these instructions will result in the cancellation or delay of your procedure. Judgement will be made by your anesthesia provider.

PLEASE CALL US AT 816-554-3838 WITH ANY QUESTIONS

*** CANCELLATION POLICY ***

\$100 fee for cancellation of endoscopy appointments with less than 72 hours notification.

**If you need to cancel or reschedule, call Summit GI at 816-554-3838,
NOT the facility where your procedure is scheduled.**

****INSURANCE INFORMATION****

Our office may verify insurance benefits and contact you to discuss our procedure fee.

Prep instructions are also located on our website www.summitgi.com