SUMMIT GASTROENTEROLOGY
SPECIALISTS IN DIGESTIVE HEALTH CARE.

Digestive Health Specialists
powered by GI Alliance

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COLONOSCOPY SPLIT PREP USING COLYTE/NULYTELY/GAVILYTE (GENERIC VERSION)

Patient _____

Doctor _____

Date _____

Arrival Time _____

Procedure Time _____

LOCATIONS:

____ **St. Luke's Outpatient Surgery Center**
120 NE St. Luke's Blvd.
Lee's Summit, MO 64086

____ **St. Luke's East Hospital**
100 NE St. Luke's Blvd.
Lee's Summit, MO 64086

____ **Lee's Summit Medical Center**
2100 SE Blue Pkwy.
Lee's Summit, MO 64063

____ **Blue River Surgery Center**
1318 E. 104th Street
Kansas City, MO 64131

____ **Ascentist Hospital Outpatient Department**
4801 College Blvd., 1st Floor
Leawood, KS 66211

To ensure that your test is accurate and complete, you *must* follow these directions. If you have questions, please call our office at 816-554-3838. Summit Gastroenterology is dedicated to providing you with quality health care. *You matter to us!*

OBTAIN 1 GALLON PRESCRIPTION BOWEL PREP THE DAY BEFORE YOUR TEST

AT LEAST A WEEK BEFORE YOUR PROCEDURE with Summit Gastroenterology:

- Check with your prescribing doctor to make sure it is safe to hold prescription blood thinner:_____ _____for_____days prior. Please do not take any Aspirin or Plavix the day of your procedure.
- Hold prescription diet pills, i.e.-phentermine,7 days prior to procedure.
- Hold weekly dosing of GLP's: Trulicity (Dulaglutide), Bydureon BCise (Exenatide), Mounjaro, Zepbound (Tirzepatide), Ozempic, Wegovy (Semaglutide). *HOLD 1 WEEK PRIOR TO PROCEDURE.
- Purchase over the counter simethicone 125mg tablets (Gas-X), small box

FOUR DAYS BEFORE YOUR PROCEDURE:

- Hold Steglatro (Ertugliflozin). *HOLD FOR 96 HOURS PRIOR TO PROCEDURE.

THREE DAYS BEFORE YOUR PROCEDURE:

- Hold Jardiance (empagliflozin), Invokanna (canagliflozin), Farxiga (dapagliflozin). *HOLD FOR 72 HOURS PRIOR TO PROCEDURE.

THE DAY PRIOR TO YOUR PROCEDURE.

- The day PRIOR to your scheduled procedure, you are not to eat any solid foods but instead have plenty of clear liquids. Do Not drink **RED, ORANGE, or PURPLE** clear liquids. Clear liquids permitted are as follows: water, tea, black coffee, apple juice, white grape and lemon or lime Jell-O, chicken or beef broth (NO noodles!), popsicles, 7 UP™ and Sprite™.
- You may have liquid Boost (not powder) or Ensure until 3:00pm ONLY (no substitutions).
- **Do not** drink alcohol – **Do not** drink milk or milk products – **Do not** drink orange juice.
  1. Mix prescription bowel prep with 1 gallon of water. Refrigerate. If unflavored, you may add either Crystal Light lemonade or lemon/lime Kool-Aid only.
  2. **First dosing,** begin at **3:00 - 4:00pm**, drink one 8 oz. glass of prescribed bowel prep every 10 minutes until you finish the **half of the gallon**. Take 2 simethicone tablets with the first dose of bowel prep.
  3. **Second dosing, 5-6 hours** prior to your scheduled scope time, drink the remaining half gallon and take 2 more simethicone tablets. Drink **8 oz.** glass every 10 minutes until you have finished the remaining prep. You must be completely done with this dose at least 4 hours prior to your procedure.
- Hold daily dosing GLP's: Byetta (Exenatide), Saxenda (Liraglutide), Victoza (Liraglutide), Adlyxin (Lixisenatide), Rybelsus (Semaglutide). *HOLD DAY BEFORE AND DAY OF PROCEDURE.

✻ If you become nauseated, stop drinking mixture for 30 minutes, then start again.

✻ You should begin experiencing multiple loose bowel movements. The goal is for stools to be as clear as possible. If you do not begin having bowel activity by 9:00 pm, call the doctor on call **(913) 338-8388**.

The better you prep, the better the exam.

DAY OF YOUR TEST

- **If you take a heart, blood pressure, or seizure medication routinely** - it is okay to take this medication early in the morning of your procedure with a sip of water several hours prior to your scheduled procedure time.
- **HOLD ALL OTHER MEDICATIONS THE DAY OF THE PROCEDURE.**
- Arrive for your exam at the time listed on the reverse side (no later).

PLEASE NOTE

- Do not take Aspirin, Plavix, or arthritis medications the day of your exam.
- Hold prescription diet pills, i.e.-phentermine, 7 days prior to procedure.
- Drink plenty of clear liquids the **day before** your test (at least 8 oz. every hour).
- If you are diabetic: ***NO INSULIN OR ORAL MEDICATIONS THE MORNING OF THE PROCEDURE. TAKE ONLY HALF A DOSE THE DAY BEFORE YOUR PROCEDURE.***
- **No smoking or vaping the day of the procedure. No chewing tobacco. Avoid ALL tobacco products day of procedure. No chewing gum the day of the procedure.**
- Hold daily dosing GLP's: Byetta (Exenatide), Saxenda (Liraglutide), Victoza (Liraglutide), Adlyxin (Lixisenatide), Rybelsus (Semaglutide). *HOLD DAY BEFORE AND DAY OF PROCEDURE.

You must have with you:

- A responsible adult to drive you home must be present at the time of check-in and stay at the facility or your colonoscopy will be CANCELLED.
- No working, driving, operating machinery, or making legal decisions for 24 hours after procedure.
- A list of all medications you are now taking, including over-the-counter products and herbal supplements.
- A list of any allergies you have.
- If you have a Pacemaker/AICD please bring in your Pacemaker/AICD card.

During your procedure you will be administered either general anesthesia or heavy sedation. For your safety, it is essential you follow the above instructions.

- **No liquids of any kind up to 4 hours prior to your procedure time**

Failure to comply with these instructions will result in the cancellation or delay of your procedure. Judgement will be made by your anesthesia provider.

PLEASE CALL US AT 816-554-3838 WITH ANY QUESTIONS

*** CANCELLATION POLICY ***
$100 fee for cancellation of endoscopy appointments with less than 72 hours notification.
If you need to cancel or reschedule, call Summit GI at 816-554-3838,
NOT the facility where your procedure is scheduled.

****INSURANCE INFORMATION****
Our office may verify insurance benefits and contact you to discuss our procedure fee.

Prep instructions are also located on our website www.summitgi.com