SUMMIT GASTROENTEROLOGY
SPECIALISTS IN DIGESTIVE HEALTH CARE.

Digestive Health Specialists
powered by GI Alliance

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EGD PREPARATION

Patient _____

Doctor _____

Date _____

Arrival Time _____

Procedure Time _____

LOCATIONS:

____ **St. Luke's Outpatient Surgery Center**
120 NE St. Luke's Blvd.
Lee's Summit, MO 64086

____ **St. Luke's East Hospital**
100 NE St. Luke's Blvd.
Lee's Summit, MO 64086

____ **Lee's Summit Medical Center**
2100 SE Blue Pkwy.
Lee's Summit, MO 64063

____ **Blue River Surgery Center**
1318 E. 104th Street
Kansas City, MO 64131

____ **Ascentist Hospital Outpatient Department**
4801 College Blvd., 1st Floor
Leawood, KS 66211

To ensure that your test is accurate and complete, you *must* follow these directions. If you have questions, please call our office at 816-554-3838. Summit Gastroenterology is dedicated to providing you with quality health care. *You matter to us!*

INSTRUCTIONS

A week before your procedure:

Check with your prescribing doctor to make sure it is safe to hold prescription blood thinner: _____ for ___ days prior. No aspirin or plavix the day of the procedure.

- Nothing to eat or drink after midnight for procedures scheduled before noon.
- However, if your test is scheduled after 12 p.m., you may have water 6 hours prior to scope time.
- Hold prescription diet pills, ie-phentermine, 7 days prior to procedure.
- Hold weekly dosing of GLP's: Trulicity (Dulaglutide), Bydureon BCise (Exenatide), Mounjaro, Zepbound (Tirzepatide), Ozempic, Wegovy (Semaglutide). *HOLD 1 WEEK PRIOR TO PROCEDURE.
- Hold Steglatro (Ertugliflozin), 4 days prior to procedure. *HOLD FOR 96 HOURS PRIOR TO PROCEDURE.
- Hold Jardiance (empagliflozin), Invokanna (canagliflozin), Farxiga (dapagliflozin), 3 days prior to procedure. *HOLD FOR 72 HOURS PRIOR TO PROCEDURE.
- You will need a driver – sedation is given – someone will need to stay with you for 12 hours after procedure
- No work, no driving, operating machinery, or making legal decisions x 24 hours after procedure
- Take any heart, blood pressure, or seizure medications in the morning the day of the procedure with sip of water.
- Hold insulin in the morning the day of the procedure until after procedure.
- **No smoking or vaping the day of the procedure. No chewing tobacco. Avoid ALL tobacco products day of procedure. No chewing gum the day of the procedure.**
- Hold daily dosing GLP's: Byetta (Exenatide), Saxenda (Liraglutide), Victoza (Liraglutide), Adlyxin (Lixisenatide), Rybelsus (Semaglutide). *HOLD DAY BEFORE AND DAY OF PROCEDURE.
- Hold all other medications the day of the procedure.

❇ ❇ **During your procedure you will be administered either general anesthesia or heavy sedation. For your safety, it is essential you follow the above listed instructions.** ❇ ❇

Failure to comply with these instructions will result in the cancellation or delay of your procedure. Judgment will be made by your anesthesia provider.

****Cancellation Policy****
$100 fee for cancellation of endoscopy appointments with less than 72 hours notification.

****Insurance Information****
Our office may verify insurance benefits and contact you to discuss our procedure fee.